

**COLLEGIATE AMERICAN SCHOOL – PRE-KG, KG 1 & 2, GRADE 1 & 2  
LUNCH BOX MENU FOR THE MONTH OF JUNE 2018**

<b>WEEK 1</b>	<b>HOT MEAL NON-VEGETARIAN</b>	<b>HOT MEAL VEGETARIAN</b>	<b>COLD MEAL NON-VEGETARIAN</b>	<b>COLD MEAL VEGETARIAN</b>	<b>DESSERT</b>
<b>SUNDAY 03.06.18</b>	Chinese Roast Chicken Cubes Steamed Sweet Corn and Green Peas Nasi Goreng (Vegs.)	Chinese Vegetable Stir-Fry Steamed Sweet Corn and Green Peas Nasi Goreng (Vegs.)	Grilled Chicken Wrap	Grilled Vegetable Wrap	Fruit Yoghurt
<b>MONDAY 04.06.18</b>	Fish Cake with Sweet Pepper Sauce Steamed Carrots and Cut Beans Garlic Rosemary Potato	Vegetable Cutlets in Tomato Sauce Steamed Carrots and Cut Beans Garlic Rose Mary Potato	Tuna Nicoise Salad	Halloumi Cheese in Panini	Vanilla Custard
<b>TUESDAY 05.06.18</b>	Grilled Beef Strips with Assorted Pepper Sauce Mushroom Rice Roasted Beetroot and Carrots	Vegetable Ratatouille Mushroom Rice Roasted Beetroot and Carrots	Roast Beef Sandwich	Roasted Pumpkin with Dates and Rocca Salad	Orange Smiley
<b>WEDNESDAY 06.06.18</b>	Greek Style Mini Pasta with Vegetable and Turkey Assorted Grilled Vegetables	Greek Style Mini Pasta with Roasted Vegetables Assorted Grilled Vegetables	Turkey Avocado in Baguette Bread	Four Beans Salad	Fruit Salad
<b>THURSDAY 07.06.18</b>	Mongolian Style Chicken Sauté Peas and Carrot Sticks Jasmine Rice	Vegetable Chopsuey Sauté Peas and Carrot Sticks Jasmine Rice	Roast Chicken with Guacamole in Baguette	Mango Paneer Sandwich	Fruit Custard

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WEEK 2	HOT MEAL NON-VEGETARIAN	HOT MEAL VEGETARIAN	COLD MEAL NON-VEGETARIAN	COLD MEAL VEGETARIAN	DESSERT
SUNDAY 10.06.18	Chicken Cacciatore Sauté Sweet Corn and Green Peas Peas Pilaf Rice	Vegetable Cacciatore Sauté Sweet Corn and Green Peas Peas Pilaf Rice	Roast Chicken with Guacamole in Baguette Bread	Cheese and Tomato Sandwich	Fruit Yoghurt
MONDAY 11.06.18	Sweet and Sour Fish Teriyaki Green Beans and Carrots Oriental Rice	Paneer Mushroom with Light Curry Sauce Teriyaki Green Beans and Carrots Oriental Rice	Beef Fajita in Tortilla Roll	Mediterranean Vegetable Salad	Banana Custard
TUESDAY 12.06.18	Beef Steak with Puttanesca Sauce Sauté Mixed Pumpkin and Snow Peas Balsamic Roast Potato with Wedges	Mixed Vegetable Manchurian Sauté Mixed Pumpkin and Snow Peas Balsamic Roast Potato with Wedges	Tuna Sandwich in Multi-Cereal Bread	Russian Salad	Fruity Mini Muffin
WEDNESDAY 13.06.18	Mini Pasta with Turkey Meatballs in Tomato Sauce Sliced Carrots Ala Camille	Mini Pasta with Vegetable Meatballs in Tomato Sauce Sliced Carrots Ala Camille	Turkey Panini Sandwich	Asian Coleslaw Salad	Diced Pineapple
THURSDAY 14.06.18	<b>EID AL FITR</b>				

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WEEK 3	HOT MEAL NON-VEGETARIAN	HOT MEAL VEGETARIAN	COLD MEAL NON-VEGETARIAN	COLD MEAL VEGETARIAN	DESSERT
SUNDAY 17.06.18	<b>EID AL FITR</b>				
MONDAY 18.06.18	Sweet Chicken Cube Masala Assorted Grilled Vegetables Kashmiri Pulao	Roasted Pumpkin Cannelloni Assorted Grilled Vegetables Kashmiri Pulao	Chicken Fajita in Tortilla Roll	Mango Paneer Sandwich	Fruit Yoghurt
TUESDAY 19.06.18	Tuna Balls with Roasted Pepper Sauce Steamed Sweet Corn & Green Peas Rosemary Roast Potato	Mixed Vegetable Manchurian Steamed Sweet Corn & Green Peas Rosemary Roast Potato	Tuna Twist Pasta Salad	Rainbow Salad	Summer Fruit Trifle
WEDNESDAY 20.06.18	Farfalle Pasta with Turkey in Pink Sauce Sliced Carrots Ala Camille	Farfalle Pasta with Vegetables in Pink Sauce Sliced Carrots Ala Camille	Beef Salad with Grilled Pepper and Mushroom	Lentil Salad	Mixed Melon Cubes
THURSDAY 21.06.18	Balsamic Grilled Chicken with Orange Rosemary Sauce Sauté Cut Green Beans & Sweet Corn Mexican Rice	Balsamic Grilled Vegetables with Orange Rosemary Sauce Sauté Cut Green Beans & Sweet Corn Mexican Rice	Chicken Caesar Salad	Grilled Vegetable Sandwich	Strawberry Custard

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<b>WEEK 4</b>	<b>HOT MEAL NON-VEGETARIAN</b>	<b>HOT MEAL VEGETARIAN</b>	<b>COLD MEAL NON-VEGETARIAN</b>	<b>COLD MEAL VEGETARIAN</b>	<b>DESSERT</b>
<b>SUNDAY 24.06.18</b>	Beef Goulash Assorted Grilled Vegetable Brown Rice	Mini Vegetable Patties in Onion Gravy Assorted Grilled Vegetable Brown Rice	Beef Salad with Grilled Pepper & Mushrooms	Panini Sandwich in Whole Wheat Roll	Fruit Yoghurt
<b>MONDAY 25.06.18</b>	Chicken Supreme Sauté Cut Green Beans and Carrots Mushroom Rice	Spinach Dumpling with Tomato Sweet Pepper Sauce Sauté Cut Green Beans and Carrots Mushroom Rice	Chicken Panini Sandwich	Aegean Summer Salad	Orange Custard
<b>TUESDAY 26.06.18</b>	Fish Manchurian Zesty Snow Peas & Squash Baked Croquette Potato	Vegetable Stew with Baby Corn & Mushrooms Zesty Snow Peas & Squash Baked Croquette Potato	Tuna Sandwich in Multi- Cereal Bread	Russian Salad	Fruity Mini Muffin
<b>WEDNESDAY 27.06.18</b>	Pasta Formaggio with Turkey and Three Herbs Sliced Carrots Ala Camille	Pasta Formaggio with Vegetables and Three Herbs Sliced Carrots Ala Camille	Turkey with Iceberg Lettuce in Chapatti Bread	Rocca & Sweet Corn Salad	Mouhalabieh
<b>THURSDAY 28.06.18</b>	Butter Chicken Boiled Carrot Sticks and Peas White Rice	Vegetable Makhanwala Boiled Carrot Sticks and Peas White Rice	Oriental Chicken Salad	Vegetable Tikka Sandwich	Baked Cinnamon Apples